# **Touchpoints** Parenting Program

## **Brazelton Touchpoints Center**

## What is the Touchpoints Parenting Program?

The Touchpoints Parenting Program is a series of parenting modules that enable providers to facilitate parent groups, designed to assist parents in learning about their children and addressing issues facing their families.

## What do providers learn?

#### Providers will enhance their Touchpoints skills and learn more about:

- Engaging parents in conversation about their children's development using Touchpoints informed practice within a group
- Supporting parental mastery as parents practice new skills within a group
- Group facilitation techniques based on the Touchpoints Approach

## How do providers learn?

## Two days of interactive, learner-centered training including:

- Group work, presentations, and role playing
- Six reflective practice sessions after training that reinforce the strategies and tools learned
- Small class sizes that enhance learning outcomes

## Learn More

Visit <u>www.brazeltontouchpoints.org/parentingprogram</u> to learn more and register for an upcoming training.

For additional information and to learn about hosting an onsite training at your organization, contact Mai Nguyen at mai.nguyen@childrens.harvard.edu

"This course was a perfect connection to my work and spoke to a need to have more concerted efforts to have more substantial time with parents... I am grateful for the structure...of the modules to make it adaptable to a variety of parenting groups."

- Course Participant

What are people saying?

"I came to this training a little skeptical about my ability to get together the logistics to start community parenting groups. I feel now that I have grabbed on to some ideas and concepts that I will be able to use."

- Course Participant

### This course meets Head Start Program Performance Standard for Parenting Curriculum

Pre-requisite: Touchpoints Individual Level Training

www.brazeltontouchpoints.org/parentingprogram